



**Kāhui Tū Kaha**

# RAINBOW TRAINING

## for ADHB Mental Health & Addictions Staff

### May 2020 Zoom Trainings

Mon	Tue	Wed	Thu	Fri
<b>11</b>	<b>12</b> <b>Rainbow 101</b> <b>10am–12pm</b>	<b>13</b> <b>Stigma</b> <b>10am–12pm</b>	<b>14</b> <b>Practice</b> <b>10am–12pm</b>	<b>15</b>
<b>18</b> <b>Rainbow 101</b> <b>2pm–4pm</b>	<b>19</b> <b>Stigma</b> <b>2pm–4pm</b>	<b>20</b> <b>Practice</b> <b>2pm–4pm</b>	<b>21</b>	<b>22</b>
<b>25</b> <b>Rainbow 101</b> <b>10am–12pm</b> <b>Stigma 2pm–4pm</b>	<b>26</b> <b>Rainbow 101</b> <b>2pm–4pm</b>	<b>27</b> <b>Stigma 10am–12pm</b> <b>Practice 2pm–4pm</b>	<b>28</b> <b>Rainbow 101</b> <b>9am–11am</b> <b>Stigma 12pm–2pm</b> <b>Practice 3pm–5pm</b>	<b>29</b> <b>Practice</b> <b>10am–12pm</b>

Each session has minimum 2 & maximum 7 participants to enhance interaction.

<b>Session 1</b>	<b>Rainbow Communities 101 - Cover the diversity of the Rainbow community, including within different cultural contexts</b>
<b>Session 2</b>	<b>Stigma, norms and bias in society - Explore the effect of these concepts in society, on ourselves, Rainbow people and our practice</b>
<b>Session 3</b>	<b>Working with Rainbow people in practice—Combines learning from previous two sessions to explore and co-create how to best respond to Rainbow people within the context of your practice</b>

To book your place or for any questions contact:

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*\*\*The term Rainbow (LGBTQQIAA+) covers anyone with a diverse sexual orientation, gender identity or sex characteristics, including individuals currently questioning or unsure about these aspects of their identity.*